

Read Free Anonymous Jesus Hidden Years And Yours Alicia Britt Chole Free Download Pdf

Love in the Time of Serial Killers Jun 15 2021 Turns out that reading nothing but true crime isn't exactly conducive to modern dating—and one woman is going to have to learn how to give love a chance when she's used to suspecting the worst. PhD candidate Phoebe Walsh has always been obsessed with true crime. She's even analyzing the genre in her dissertation—if she can manage to finish writing it. It's hard to find the time while she spends the summer in Florida, cleaning out her childhood home, dealing with her obnoxiously good-natured younger brother, and grappling with the complicated feelings of mourning a father she hadn't had a relationship with for years. It doesn't help that she's low-key convinced that her new neighbor, Sam Dennings, is a serial killer (he may dress business casual by day, but at night he's clearly up to something). It's not long before Phoebe realizes that Sam might be something much scarier—a genuinely nice guy who can pierce her armor to reach her vulnerable heart.

Make It Your Own Jan 11 2021 Citing a transition from fanciful interior decorating to homes that reflect the personalities of their residents, a guide to positively transforming living spaces outlines approaches that utilize self-customized furniture, spruced-up flea-market finds and personal trinkets.

Being of the Sun Feb 09 2021 "Being of the Sun is the sequel to Alicia Bay Laurel's classic, best-selling guide to bohemian country folkways, *Living on the Earth*. Co-written with author, avant-garde composer and solar yogi Ramon Sender, *Being of the Sun* opens as a guide to creating one's own religion, and then offers a compendium of spiritual practices the authors found valuable. Like *Living On The Earth*, *Being of the Sun* is entirely handwritten in Alicia's flowing cursive script and illustrated on every page with her line drawings, a shining example of her immensely influential original book design. However, unlike the simple brown lines and cover of Alicia's first book, *Being of the Sun*'s design features purple ink throughout, a colorful cover, plus a dozen full color illustrations within. Ramon created sheet music of original spiritual songs he and Alicia wrote for the book. Featured in the Sonoma County Museum's spring 2002 exhibit, *Utopia Then and Now*, *Being of the Sun* is a window on hippie life in the early 70's, and a cult classic among nature-worshippers to this day."--Amazon.com.

Pure Joy Aug 30 2022 Collects more than eighty devotional stories from the author's own life as well as the lives of other people who have experienced joy in the face of such events as a child's birth, the dawn of a new day, or a prayer session, in a gift book complemented by Scripture passages and prayer suggestions.

Intimate Conversations Sep 30 2022 These refreshing meditations challenge women to grow in their spiritual lives and draw closer to God in the midst of untidy real life.

The Sacred Slow Jun 27 2022 Tired of quick fixes and fast faith? *The Sacred Slow* is an invitation to unhurried honesty before God. If yesterday's word was simple, tomorrow's word will be slow. Our culture is shifting from fast food to healthy food both physically and spiritually. Self-care, soul-care, life coaches, and spiritual retreats all show our dissatisfaction in quick fixes and fast faith. *The Sacred Slow* is an invitation to unhurried honesty before God. Formatted as 52 experiences, *The Sacred Slow* reminds readers on every page that God never wanted to use them—He always wanted to love them. The overflow of Dr. Alicia Britt Chole's more than thirty years as a spiritual mentor to leaders and learners as well as her personal, practical, and penetrating tone will guide you to a richer, more life-giving relationship with God. Perfect for use as a devotional or in small groups, each chapter features: A short, unexpected reading Two options for application—a thought focus or a heart exercise Encouragement to develop growing, sustainable intimacy with God Whether you're exhausted by emptiness or worn from weariness, you'll discover healing and restoration in these pages. In this age of distraction, learn to slow down and reorient your life to learn, grow, and experience God as never before.

Blend Sep 18 2021 A wise and inspiring guide to creating a happy and healthy blended family by Mashonda Tifere with contributions from her co-parents--Swizz Beatz and his wife, Grammy-Award winning singer and songwriter Alicia Keys. In January 2010, founder of ArtLeadHer Mashonda Tifere and music producer Swizz Beatz finalized their divorce. When Swizz married award-winning singer/songwriter Alicia Keys, a new dynamic was born--three adults who loved and were deeply committed to raising Mashonda and Swizz's four-year old son Kasseem. In *Blend*, Tifere draws on the insights they gained from their journey as well as advice from family therapists, parenting experts, and other blending families, to provide an invaluable resource for blended families. Statistics show that one in three Americans is now a step-parent, stepchild, step-sibling or other member of a blended family. The number of first time marriages or romantic relationships that end in divorce or breakups and the high percentage of remarriages and new relationships that involve children demand a unique, life-affirming approach to processing the end of one relationship and the rebirth of a new familial dynamic with the well-being of children at its center. In this book, Tifere shares intimate details on how she and her co-parents used communication, patience and love to create an environment where they were able to work as a team and all the children involved could thrive. *Blend* will inspire a generation of families.

Dearest George Aug 18 2021 Yes. I admit. I'm in love. (Ugh!) But let's be realistic- I'm married and when that happens, realism sets in pretty quick. Those recurring used socks on the floor make sure of it! But I'm in love with being in love. The comfort of their human-ness, the warmth of their voice and even the sweatiness of hand-holding of someone you adore. Dearest George hopefully captures that. The everyday kinda love an infinite number of kisses, huge doses of longing when they're away, just a wee bit of creepy stalking, lots of chips eating (one needs special nutrition) & the occasional banter about who made the first move. He DID. (I need this in print so this debate ends once & for all.) PS: He'll tell you some story about a bus and all. DO NOT listen. Close your ears and hum. Trust me.

Dear God Are We There Yet? Nov 08 2020

I Hope My Voice Doesn't Skip Jul 17 2021 Anthem-like poems about relationships, mental health, loss, and recovery from the activist and bestselling author of *Stuff I've Been Feeling Lately*. The reader's experience with this unique collection is lifted from the page as Alicia Cook has collaborated with a number of up and coming musicians to transform some of her poetry into song. Like her debut book, this one is divided into two parts. Modeled after a vinyl record this time, the collection is separated into the EP record, holding Cook's shorter poetry, and the LP record, holding Cook's longer poetry, prose, and songwriting. Together, they form an inspiring collection for all those recovering from something. "Through each internal rhyme and turn of phrase, she presents new ways of interpreting despair, courage and overcoming. The poems are mostly devoid of gender pronouns, favoring the first and second person to promote accessibility for all. Cook is self-reliant and fully aware of how to make her voice heard." —Asbury Park Press "This book was raw . . . Alicia Cook writes about very important topics, some of them really hard to read about, especially if they hit too close to home . . . You will always find a poem, a sentence, something that will speak to you, to your heart, to what you're going through and this book did just that for me." —Chapter Ninety-Two "A heartfelt, emotional, beautiful book of poems." —The Pages In-Between

The Elephant in the Room: A Lockdown Story Sep 26 2019 *The Elephant in the Room: A Lockdown Story* is a frolicking tale of circus animals, peanut butter and jelly sandwiches and a fun-loving teacher. Enjoy this light-hearted story about a serious subject that prepares young children for lockdown drills without traumatizing them.

The Four Humors Dec 30 2019 This wry and visceral debut novel follows a young Turkish-American woman who, rather than grieving her father's untimely death, seeks treatment for a stubborn headache and grows obsessed with a centuries-old theory of medicine. Twenty-year-old Sibel thought she had concrete plans for the summer. She would care for her grandmother in Istanbul, visit her father's grave, and study for the MCAT. Instead, she finds herself watching Turkish soap operas and self-diagnosing her own possible chronic illness with the four humors theory of ancient medicine. Also on Sibel's mind: her blond American boyfriend who accompanies her to Turkey; her energetic but distraught younger sister; and her devoted grandmother, who, Sibel comes to learn, carries a harrowing secret. Delving into her family's history, the narrative weaves through periods of political unrest in Turkey, from military coups to the Gezi Park protests. Told with pathos and humor, Sibel's search for strange and unusual cures is disrupted as she begins to see how she might heal herself through the care of others, including her own family and its long-fractured relationships.

I Love You Too Much Oct 08 2020 I knew I was in Paris, I knew that was the Seine beneath me, the sky above, but when I looked around for help, the grand

apartment buildings of the Quai Voltaire stared back at me, indifferent. Alicia Drake, author of the critically acclaimed biography *The Beautiful Fall*, evokes contemporary life in the City of Lights lavishness of Edward St. Aubyn and the sophistication of Julia Pierpont's *Among Ten Thousand Things*. *I Love You Too Much* is a novel of extraordinary intelligence and heart, a devastating coming of age story told from the sidelines of Parisian perfection. In the sixth arrondissement everything is perfect and everyone is lonely. This is the Paris of thirteen-year-old Paul. Shy and unloved, he quietly observes the lives of the self-involved grown-ups around him: his glamorous Maman, Séverine, her younger musician lover, Gabriel, and his fitness-obsessed Papa, Philippe. Always overlooked, it's only a matter of time before Paul witnesses something that he's not supposed to see... Seeking solace in an unlikely friendship with rebellious classmate Scarlett and succumbing to the temptation of the numerous patisseries in his elegant neighborhood, Paul searches for unconditional love. But what will he do if he can't find it?

The Dark Tide Nov 28 2019 A gripping, dark enemies to lovers LGBTQ+ YA fantasy about two girls who must choose between saving themselves, each other, or their sinking island home. Every year on St. Walpurga's Eve, Caldella's Witch Queen lures a boy back to her palace. An innocent life to be sacrificed on the full moon to keep the island city from sinking. Lina Kirk is convinced her brother is going to be taken this year. To save him, she enlists the help of Thomas Lin, the boy she secretly loves, and the only person to ever escape from the palace. But they draw the queen's attention, and Thomas is chosen as the sacrifice. Queen Eva watched her sister die to save the boy she loved. Now as queen, she won't make the same mistake. She's willing to sacrifice anyone if it means saving herself and her city. When Lina offers herself to the queen in exchange for Thomas's freedom, the two girls await the full moon together. But Lina is not at all what Eva expected, and the queen is nothing like Lina envisioned. Against their will, they find themselves falling for each other as water floods Caldella's streets and the dark tide demands its sacrifice. Perfect for fans of: *The Wicked Deep* and *A Curse So Dark and Lonely* Witchy tales Dark fantasy fiction LGBTQ books Enemies to lovers romance Praise for *The Dark Tide*: "Striking the perfect balance, *The Dark Tide* demands to be read in one held breath as its tide bears down on all."—Foreword, Starred Review "A dark scenic adventure, sensitively written for romantics, Jasinska's debut novel is a fantasy of promises, betrayal, unrequited love, and black magic."—School Library Journal, Starred Review "The *Dark Tide* is the dark, queer fantasy of your dreams that's part beauty and the beast, part something entirely new and original... a lush world that begs to be lived in... It's beautiful, and fast paced, and everything I ever want from a fairy tale."—Cat VanOrder, Bookmarks (Winston-Salem, NC) "Fans of the enemies-to-lovers trope will be ecstatic with this book...The *Dark Tide* offers an exciting and immersive story with a strong feminist slant that subverts common YA tropes and forges its own original path."—The Nerd Daily ***Finding an Unseen God*** Dec 02 2022 "Presents the author's personal journey from atheism to Christianity. Examines the mysteries of life and faith, including how different religious belief systems influence a person. Intended for atheists, agnostics, and theists"--Provided by publisher.

40 Days of Decrease Jul 29 2022 What if you fasted regret? What if your friends fasted comparison? What if your generation fasted escapism? What if your community fasted spectatorship? Trigger a spiritual revolution with this daily devotional for Lent. Decrease life's unnecessary details and increase your relationship with the Lord so you can live in awe of Christ's resurrection! *40 Days of Decrease* is a guide for those hungering for a fresh Lenten/Easter experience. Dr. Alicia Britt Chole guides you through a study of Jesus' uncommon and uncomfortable call to abandon the world's illusions, embrace His kingdom's realities, and journey cross-ward and beyond. Containing readings, reflection questions, daily fasts, ancient quotes, and more, each day offers a meaningful consideration of Jesus' journey and then invites you into a daily fast of heart-clutter—the stuff that sticks to your soul and weighs you down. You can begin your forty-day journey any time of the year, but you may find it especially meaningful as a Lenten preparation to live in awe of Jesus' resurrection. Each daily, 1000-word entry includes a: Devotion based on Jesus' life Reflection question to guide journaling or group discussion Heart fast to inspire a tangible response Thought-provoking Lenten quote Optional sidebar into the historical development of Lent Suggested reading that takes you from John 12 to John 21 Journaling space for reflection In the same way self cannot satisfy self no matter how long it feasts, self cannot starve self no matter how long it fasts. Decrease—like increase—is only holy when its destination is love. Dare to live awed by Christ's resurrection!

Blood of Heirs Apr 01 2020 Lidán Tolak is the fiercest of her father's daughters; more than capable of one day leading her clan. But caught between her warring parents, Lidán's world begins to unravel when another of her father's wives falls pregnant. Before she has time to consider the threat of a brother, a bloody swathe is cut through the heart of the clan and Lidán must fight, not only to prove her worth, but simply to survive. Ranoth Olseta wants nothing more than to be a worthy successor to his father's throne. When his home is threatened by the aggressive Woaden Empire, Ranoth becomes his city's saviour, but powers within him are revealed by the enemy and he is condemned to death. Confused and betrayed, Ranoth is forced to flee his homeland, vowing to reclaim what he has lost, even if it kills him. Facing an unknown future, and battling forces both familiar and foreign, can Lidán and Ranoth overcome the odds threatening to drag them into inescapable darkness?

Alicia Alonso Takes the Stage Nov 20 2021 "With this powerful, hope-filled story of overcoming one's obstacles, readers will close this book and feel inspired to leave a legacy of their own." -School Library Journal From the world of *Good Night Stories for Rebel Girls* comes the historical novel based on the life of Alicia Alonso, a world-renowned prima ballerina from Cuba. Alicia was born to dance. From the moment she slips on pointe shoes for the first time, she's determined to become a professional ballerina. A few years later, Alicia moves from Cuba to the United States to follow her dreams. Then, Alicia begins to lose her sight. How can a ballerina dance if she can't see where she's going? Stuck in bed and only able to practice with her fingertips, Alicia doesn't give up. She finds a way to get back on stage, dancing into the hearts of audiences as one of the world's most famous prima ballerinas. *Alicia Alonso Takes the Stage* is the story of a world-renowned prima ballerina who impressed people all over the world with her beautiful dancing while living with visual impairments. This is a story about perseverance in the face of adversity, and how the arts can afford women the opportunity to achieve a global impact. This historical fiction chapter book includes additional text on Alicia Alonso's lasting legacy, as well as movement-based activities designed to encourage creativity and confidence through dance. About the *Rebel Girls* Chapter Book Series Meet extraordinary real-life heroines in the *Good Night Stories for Rebel Girls* chapter book series! Introducing stories based on the lives of extraordinary women in global history, each stunningly designed chapter book features beautiful illustrations from a female artist as well as bonus activities in the backmatter to encourage kids to explore the various fields in which each of these women thrived. The perfect gift to inspire any young reader!

What's Mine and Yours May 03 2020 A Read with Jenna Today Show Book Club Pick! An instant New York Times bestseller! A USA Today bestseller! Named a Best Book of 2021 by Amazon • Esquire • Marie Claire • Refinery29 • Kirkus • Redbook • Ms. Magazine • The Millions • Undomesticated Magazine • Paperback Paris "A once-every-few-years reading experience."—Mary Beth Keane, New York Times bestselling author of *Ask Again, Yes* "Coster portrays her characters' worlds with startling vitality. As the children fall in lust and love, grapple with angst and battle the tides of New South politics, Coster's writing shines"—New York Times Book Review From the author of *Halsey Street*, a sweeping novel of legacy, identity, the American family—and the ways that race affects even our most intimate relationships. A community in the Piedmont of North Carolina rises in outrage as a county initiative draws students from the largely Black east side of town into predominantly white high schools on the west. For two students, Gee and Noelle, the integration sets off a chain of events that will tie their two families together in unexpected ways over the next twenty years. On one side of the integration debate is Jade, Gee's steely, ambitious mother. In the aftermath of a harrowing loss, she is determined to give her son the tools he'll need to survive in America as a sensitive, anxious, young Black man. On the other side is Noelle's headstrong mother, Lacey May, a white woman who refuses to see her half-Latina daughters as anything but white. She strives to protect them as she couldn't protect herself from the influence of their charming but unreliable father, Robbie. When Gee and Noelle join the school play meant to bridge the divide between new and old students, their paths collide, and their two seemingly disconnected families begin to form deeply knotted, messy ties that will shape the trajectory of their adult lives. And their mothers—each determined to see her child inherit a better life—will make choices that will haunt them for decades to come. As love is built and lost, and the past never too far behind, *What's Mine and Yours* is an expansive, vibrant tapestry that moves between the years, from the foothills of North Carolina, to Atlanta, Los Angeles, and Paris. It explores the unique organism that is every family: what breaks them apart and how they come back together.

Genesis Begins Again Apr 25 2022 "Reminiscent of Toni Morrison's *The Bluest Eye*." —The New York Times "One of the best books I have ever read... will live in the hearts of readers for the rest of their lives." —Colby Sharp, founder of Nerdy Book Club "An emotional, painful, yet still hopeful adolescent journey...one that needed telling." —Kirkus Reviews (starred review) "I really loved this." —Sharon M. Draper, author of the New York Times bestseller *Out of My Mind* This deeply sensitive and "compelling" (BCCB) debut novel tells the story of a thirteen-year-old who must overcome internalized racism and a verbally abusive family to finally learn to love herself. There are ninety-six reasons why thirteen-year-old Genesis dislikes herself. She knows the exact number because she keeps a list: -Because her family is always being put out of their house. -Because her dad has a gambling problem. And maybe a drinking problem too. -Because Genesis knows this is all her fault. -Because she wasn't born looking like Mama. -Because she is too black. Genesis is determined to fix

her family, and she's willing to try anything to do so...even if it means harming herself in the process. But when Genesis starts to find a thing or two she actually likes about herself, she discovers that changing her own attitude is the first step in helping change others.

The Greatest Zombie Movie Ever Mar 13 2021 After producing three horror movies that went mostly ignored on YouTube, Justin and his filmmaking buddies decide it's time they create something noteworthy, something epic. They're going to film the Greatest Zombie Movie Ever. They may not have money or a script, but they have passion. And, after a rash text message, they also have the beautiful Alicia Howtz-Justin's crush-as the lead. With only one month to complete their movie, a script that can't possibly get worse, and the hopes and dreams of Alicia on the line, Justin is feeling the pressure. Add to that a cast of uncooperative extras and incompetent production assistants, and Justin must face the sad, sad truth. He may actually be producing The Worst Zombie Movie Ever... "Fans of Strand's other novels of outrageous circumstance...will not be disappointed. A delightfully ludicrous read."-School Library Journal on I Have a Bad Feeling About This

The Silent Patient Oct 20 2021 ****THE INSTANT #1 NEW YORK TIMES BESTSELLER**** "An unforgettable—and Hollywood-bound—new thriller... A mix of Hitchcockian suspense, Agatha Christie plotting, and Greek tragedy." —Entertainment Weekly The Silent Patient is a shocking psychological thriller of a woman's act of violence against her husband—and of the therapist obsessed with uncovering her motive. Alicia Berenson's life is seemingly perfect. A famous painter married to an in-demand fashion photographer, she lives in a grand house with big windows overlooking a park in one of London's most desirable areas. One evening her husband Gabriel returns home late from a fashion shoot, and Alicia shoots him five times in the face, and then never speaks another word. Alicia's refusal to talk, or give any kind of explanation, turns a domestic tragedy into something far grander, a mystery that captures the public imagination and casts Alicia into notoriety. The price of her art skyrockets, and she, the silent patient, is hidden away from the tabloids and spotlight at the Grove, a secure forensic unit in North London. Theo Faber is a criminal psychotherapist who has waited a long time for the opportunity to work with Alicia. His determination to get her to talk and unravel the mystery of why she shot her husband takes him down a twisting path into his own motivations—a search for the truth that threatens to consume him....

Sorry I Haven't Texted You Back Feb 21 2022 Sorry I haven't texted you back, (I've been so anxious and depressed) I haven't had time to catch my breath, you know how life gets! Returning to the form of Stuff I've Been Feeling Lately, Sorry I Haven't Texted You Back is a poetic mixtape dedicated to those who struggle or have struggled with their mental health. Divided into two parts, "Side A" holds 92 poems, titled as "tracks," and "Side B" holds the "remixes," or blackout-poetry versions, of those 92 poems. The book includes the evergreen themes of love, grief, and hope. Named after Cook's viral Instagram poem, Sorry I Haven't Texted You Back lands in the crossroads of self-help and poetry.

How It Happens Dec 10 2020 Intergenerational story of three Black women and their struggle to stake their claim to the American dream.

The Kind Mama Jan 23 2022 The bestselling author of The Kind Diet offers practical solutions for a healthier, more vibrant approach to new motherhood. When did making babies get to be so hard? Infertility is on the rise globally, affecting as many as one in six couples. But instead of looking at diet and lifestyle as key factors, doctors are racing to pump their patients full of expensive and invasive fertility treatments. Once pregnant, women just accept that carrying a baby will be the gassy, swollen, irritable, sleepless nightmare that has become the new normal. Once their babies are born, they assume it will be just as challenging—from breastfeeding woes to screaming fits and constant trips to the doctor. It doesn't have to be that way. In *The Kind Mama*, Alicia Silverstone shows that if we kick nasty foods that fight our bodies and replace them with nutrient-rocking "clean" foods that heal and nourish, we can create a more positive baby-making experience, from conception through the third trimester (and beyond). By encouraging basic diet and lifestyle modifications and drawing on wisdom from medical experts, friends, and her own experience, Silverstone has created a one-stop guide that empowers women to take charge of their fertility and pregnancy, and helps them to embark on a healthier, more vibrant path to parenthood.

Orphaned by Suicide: Life After Losing an Entire Family to a Murder-suicide Jan 29 2020 "The house was dead, no pun intended. I thought we were all mad, standing and crying to our hearts content because I still believed my dad could not be capable of doing all of what they say he did..." "How could my father do this? "How much courage did it take to do all this?" "Were we not a happy family? These are questions, that no 12-year-old should ever have to ask themselves—and yet this was little Alicia's harsh reality. In this heart-wrenching memoir, Alicia "Sewdass" Ramdharee recounts the horrific event that would see her life thrown into complete chaos and confusion. While the story of her family's murder-suicide made national news headlines, she was shuttled from home to home, with no place to belong. Often being blamed for her family's demise, Alicia struggled to find solace-as feelings of abandonment and disgrace threatened her physical and mental wellbeing. This book chronicles her journey as an orphan and her continuous triumph over the shame of suicide. For many whose lives have been overshadowed by the suicide of a loved one, this book serves as a reminder that: You are not alone It is okay, not to be okay Grieving is a process for which there is no quick fix Life is breathtakingly beautiful; live it to the fullest In Alicia's own words; "I wish that as a child, someone took me into their arms and held me close. I wish that as an adult, no other child or person suffers a murder-suicide." About The Author Alicia "Sewdass" Ramdharee is a speaker and the founder of a Suicide Awareness support group-aimed at giving hope, inspiration, and motivation to those left with the burden of dealing with suicide. This passion has led to her resigning from her corporate admin role to pursue the purpose of creating awareness about suicide and mental health. Following her move from Durban to Johannesburg (South Africa) at 12 years old, due to the tragic loss of her family, Alicia now resides in Rustenburg (South Africa) with her high school sweetheart and now husband, Schivan. When not raising the alarm on suicide and its effects, she enjoys travelling and experiencing exotic places and foods around the world. Her mission in life is to save a life, even if it is just one life at a time.

Every Choice Is a Seed Mar 25 2022 Join Dr. Alicia Britt Chole in developing a relationship with God that is not remotely dependent on serene spaces or calm calendars. Through 40 story-driven devotionals (each of which includes questions for reflection or discussion), Every Choice is a Seed will introduce you to 40 choices you can make to grow your love for God in every season of life!

The Likeability Trap Sep 06 2020 Be nice, but not too nice. Be successful, but not too successful. Just be likeable. Whatever that means? Women are stuck in an impossible bind. At work, strong women are criticized for being cold, and warm women are seen as pushovers. An award-winning journalist examines this fundamental paradox and empowers readers to let go of old rules and reimagine leadership rather than reinventing themselves. Consider that even competent women must appear likeable to successfully negotiate a salary, ask for a promotion, or take credit for a job well done—and that studies show these actions usually make them less likeable. And this minefield is doubly loaded when likeability intersects with race, ethnicity, sexual orientation, and parental status. Relying on extensive research and interviews, and carefully examined personal experience, The Likeability Trap delivers an essential examination of the pressure put on women to be amiable at work, home, and in the public sphere, and explores the price women pay for internalizing those demands. Rather than advising readers to make themselves likeable, Menendez empowers them to examine how they perceive themselves and others and explores how the concept of likeability is riddled with cultural biases. Our demands for likeability, she argues, hinder everyone's progress and power. Inspiring, thoughtful and often funny, The Likeability Trap proposes surprising, practical solutions for confronting the cultural patterns holding us back, encourages us to value unique talents and styles instead of muting them, and to remember that while likeability is part of the game, it will not break you.

If Your Mouth Could Talk Jul 05 2020 USA TODAY AND WALL STREET JOURNAL BESTSELLER You've heard the advice: If you want to live longer, eat healthy foods and exercise daily. But there's a third piece of the puzzle, and it can add 10 to 15 years to your life. It's been right under your nose this whole time—literally. Your mouth is the gateway to your body and is the most critical organ for improving your health, from childhood onward. Everything in the human life cycle is related to the mouth: fertility, childbirth, sleeping soundly, success in school, finding a mate, getting a job, psychological well-being, avoiding chronic or systemic disease, and aging well. Your mouth is a window into the health of your body as a whole; from its microbiome to its structure, it impacts your physical and mental wellness in countless ways. Unfortunately, the mouth-body connection has been largely neglected by American medicine . . . until now. If Your Mouth Could Talk is the result of over 20 years of firsthand experience and research by renowned orthodontist and dentofacial orthopedist, Dr. Kami Hoss. In this groundbreaking work, Dr. Hoss connects the dots between oral health and whole-body health, offering a roadmap to a longer, more successful future for you and your family. This isn't a book about brushing and flossing—or any of the other standard advice you get from your dentist. Instead, you'll hear about how to protect your mouth's microbiome, the effect of diet, the relationship between oral structure and sleep problems, how to breathe better, and more. This is an in-depth guide for people who want to take control of their health to the fullest extent possible—who want to understand how their mouth contributes to their overall health and quality of life, and what they can do to better care for it. If your mouth could talk, it would tell you about the condition of your entire life. Time to start listening.

Sitting in God's Sunshine...Resting in His Love May 27 2022

The Go-for-Gold Gymnasts: Reaching High Oct 27 2019 Jessie might be the quiet girl on the team, but she's a power-house on the vault. She's tired of her

teammates underestimating her, and she's finally ready to show them what she's made of. Get ready for Jessie to follow her dreams and finally becoming an Elite Gymnast.

Until the Whole World Knows Nov 01 2022

The Old Woman, the Tulip, and the Dog Aug 25 2019 This book by a major American poet is for poetry readers at all levels, academic and non-academic. It is a sequence of poems that will surprise and delight readers—in the voices of an old woman full of memories, a glamorous tulip, and an earthy dog who always has the last word.

My Name's Yours, What's Alaska? Aug 06 2020 Alaska Thunderfuck spills the tea on her meteoric rise from timid Pennsylvania kid to drag superstar in this intimate photographic memoir that will appeal to diehard Alaska admirers and broader drag fans alike. Before RuPaul's Drag Race became a worldwide phenomenon, Drag was mostly an underground art form, performed by the daring and the quick-witted, with maximum energy and a minimal budget. This is the story of one of the galaxy's greatest queens, Alaska Thunderfuck 5000, as she transforms from wearing dresses made of trash bags because she has to, to wearing dresses made of trash bags because she wants to. Finally coming clean on her home planet (earth), this dishy, visual memoir tells the stories that shaped Alaska into an All Star: from prom king to the House of Haunt, to the very public breakup that almost destroyed her. Intimate and alluring with exclusive photography throughout, and illustrations by the author, *My Name's Yours, What's Alaska?* is the ultimate backstage pass. **UNIQUE & PERSONAL:** Chronicling Alaska's journey from small-town kid to drag superstar, this memoir stands out for its emotional resonance, distinct humor, and unapologetic realism. Filled with compelling personal stories told in Alaska's unique voice, it gives fans an exclusive look at Justin Honard the person, not just Alaska Thunderfuck the drag queen. **LGBTQIA+ REPRESENTATION:** LGBTQIA+ consumers will see their experiences and passions reflected in Alaska's authenticity and openness about her childhood struggles, and will be excited by a drag memoir that celebrates the whole story of queerness, not just the sassy, shady highlights. **GREAT GIFT FOR FANS OF RUPAUL'S DRAG RACE:** Behind the scenes stories of Alaska's journey to RuPaul's Drag Race fame, alongside full-color photography of Alaska's iconic trash-glam looks throughout her career, will deliver the exclusive content fans crave. Perfect for: • Diehard drag fans • Fans of Alaska Thunderfuck, RuPaul, Michelle Visage, Trixie Mattel, Bianca del Rio, Sharon Needles, Magnus Hastings, Cherri Baum, Veruca, and more • RuPaul's Drag Race enthusiasts who want to deep dive into a famous queen's rise to stardom

The Purpose of Power May 15 2021 An essential guide to building transformative movements to address the challenges of our time, from one of the country's leading organizers and a co-creator of Black Lives Matter "Excellent and provocative . . . a gateway [to] urgent debates."—Keeanga-Yamahtta Taylor, *The New Yorker* **NAMED ONE OF THE BEST BOOK OF THE YEAR BY** Time • Marie Claire • Kirkus Reviews In 2013, Alicia Garza wrote what she called "a love letter to Black people" on Facebook, in the aftermath of the acquittal of the man who murdered seventeen-year-old Trayvon Martin. Garza wrote: Black people. I love you. I love us. Our lives matter. With the speed and networking capacities of social media, #BlackLivesMatter became the hashtag heard 'round the world. But Garza knew even then that hashtags don't start movements—people do. Long before #BlackLivesMatter became a rallying cry for this generation, Garza had spent the better part of two decades learning and unlearning some hard lessons about organizing. The lessons she offers are different from the "rules for radicals" that animated earlier generations of activists, and diverge from the charismatic, patriarchal model of the American civil rights movement. She reflects instead on how making room amongst the woke for those who are still awakening can inspire and activate more people to fight for the world we all deserve. This is the story of one woman's lessons through years of bringing people together to create change. Most of all, it is a new paradigm for change for a new generation of changemakers, from the mind and heart behind one of the most important movements of our time.

Psych Major Syndrome Apr 13 2021 Using the skills you've learned so far in Introduction to Psychology, please write a brief self-assessment describing how things are going in your freshman year. Presenting Concerns: The Patient, Leigh Nolan (that would be me), has just started her first year at Stiles College. She has decided to major in psychology (even though her parents would rather she study Tarot cards, not Rorschach blots). Patient has always been very good at helping her friends with their problems, but when it comes to solving her own . . . not so much. Patient has a tendency to overanalyze things, particularly when the opposite sex is involved. Like why doesn't Andrew, her boyfriend of over a year, ever invite her to spend the night? Or why can't she commit to taking the next step in their relationship? And why does his roommate Nathan dislike her so much? More importantly, why did Nathan have a starring role in a much-more-than-friendly dream? Aggravating factors include hyper-competitive fellow psych majors, a professor who's badly in need of her own psychoanalysis, and mentoring a middle-school-aged girl who thinks Patient is, in a word, naive. **Diagnosis: Psych Major Syndrome**

Anonymous Jan 03 2023 In Anonymous, learn to recognize the riches in the uncelebrated seasons of your life. When your potential is unseen and your abilities are unappreciated, use those times as opportunities to develop an unshakable identity and to find rest in God's timing—just as Jesus did. Unsettling spaces are actually the surprising birthplace of true spiritual strength. Most of Jesus' first thirty years went unnoticed by the world, but that season of quiet anonymity prepared Him for true greatness...and made Him unshakable when His time had come. Using Jesus' hidden years as inspiration, Alicia Chole memorably demonstrates how to: Resist resentment when your accomplishments go unnoticed Repurpose your own hidden years and experience deep growth Resolutely live out God's dreams for you with integrity and confidence We all experience times of hiddenness, when our potential is unseen and our abilities remain uncelebrated. This book will encourage you to not rush through those times by reminding you that these anonymous seasons of the soul hold enormous power to cultivate character traits that cannot be developed any other way!

Pretty Neat Dec 22 2021 Negative self-image. Fantasy-induced overspending. Marital tension. A new kind of airbrushed concoction is wreaking havoc on homes and psyches, and Sarah Welch and Alicia Rockmore have a name for it: org porn. It's in magazines, coffee table books, advertisements, and TV shows, promoting a perfect — and entirely imaginary — world in which everything is always pristine, serene, and flawlessly organized. *Pretty Neat* is a handbook that embraces the chaotic reality that lies beneath org porn's glossy veneer, offering pithy anecdotes and candid advice from experts and real women alike on tackling organizational inertia. Funny, irreverent, entertaining, and helpful, the book covers all facets of clutter-control, from tried-and-true tips for conquering to-do lists and wrangling family schedules to ideas on excavating inboxes, eliminating excuses, and delegating housework. Most importantly, *Pretty Neat* insists that women need to stop holding themselves to impossibly high standards, and focus instead on defining their own, realistic organizational goals. Full of engaging examples from everyday women, *Pretty Neat* offers readers unorthodox, surprisingly simple methods to reduce their org porn-fueled stress, insisting that perfection is impossible — and unnecessary — in this messy, unpredictable world called real life.

The House on Mango Street Jun 03 2020 NATIONAL BESTSELLER • A coming-of-age classic, acclaimed by critics, beloved by readers of all ages, taught in schools and universities alike, and translated around the world—from the winner of the 2019 PEN/Nabokov Award for Achievement in International Literature. *The House on Mango Street* is the remarkable story of Esperanza Cordero, a young Latina girl growing up in Chicago, inventing for herself who and what she will become. Told in a series of vignettes—sometimes heartbreaking, sometimes deeply joyous—Sandra Cisneros' masterpiece is a classic story of childhood and self-discovery. Few other books in our time have touched so many readers. "Cisneros draws on her rich [Latino] heritage ... and seduces with precise, spare prose, creat[ing] unforgettable characters we want to lift off the page. She is not only a gifted writer, but an absolutely essential one." —The New York Times Book Review

The Kind Diet Mar 01 2020 Addresses the nutritional concerns faced by many who are new to plant-based, vegetarian diets and shows how to cover every nutritional base, from protein to calcium and beyond. Features irresistibly delicious food that satisfies on every level --including amazing desserts to keep the most stubborn sweet tooth happy.

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